

2022 ANNUAL REPORT CEO STATEMENT

We have entered into a new beginning, a new understanding, and acceptance of destigmatizing the mental health needs of our children, youth, and families. As I reflect upon the scar that the pandemic has left, one of the emerging gifts that it has afforded is our collective acceptance that mental health needs and challenges have no boundaries and affect all of us. Although we have not achieved parity with the medical health system, we are making great strides toward reframing and defining the collective definition of health.

From generalized anxiety and social phobia to depression, our community is experiencing unprecedented mental health needs. However, we are filled with optimism. We see that the national narrative has shifted along with increased resources and investments directed toward mental health, ensuring our children can fully access a "pathway to hope, happiness, and well-being."

Gratefully,

Over the forefr We vi

Christophe E. Rebboah, LMFT

Chief Executive Officer Rebekah Children's Services Over the past two years, Rebekah Children's Services (RCS) has been at the forefront of making sure that our community's mental health needs are met. We continue to work tirelessly to ensure that this safety net remains intact, vibrant, and flexible. I remain grateful to all RCS employees who have been in the service of others over the past two years. Without their courage, determination, and selflessness, our safety net would have been compromised.

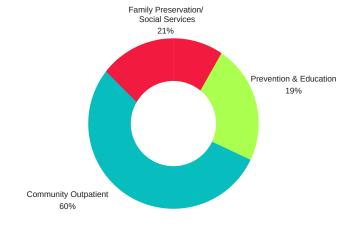
Our trusting and long-standing partnership with Santa Clara County Behavioral Health and Board of Supervisors has been crucial in ensuring that RCS has the contractual and financial resources available to continue service to those most vulnerable as we have faithfully done so over the past 126 years. I invite you to join me, the RCS Board of Directors, our staff, and our incredible donors and volunteers in the continued pursuit of serving our community, enhancing our safety net of services, and further destigmatizing mental health in our community. Within this Annual Report, you will read, experience, and gain an understanding of the tremendous impact RCS has within our community. It is humbling and extremely inspiring.

Other Income/Grants 17% Social Services 18% Other Government Contracts 4% Contributions/Support 2% Santa Clara County Mental Health 60%

Audited Revenue

Santa Clara County Mental Health	\$ 14,938,865	60%
Department of Social Services	\$ 4,395,349	18%
Other Government Contracts/Grants	\$ 4,155,321	17%
Other Income	\$ 1,071,920	4%
Contributions/Support	\$ 454,369	2%

Total Per Audit Report \$ 25,015,644 100%

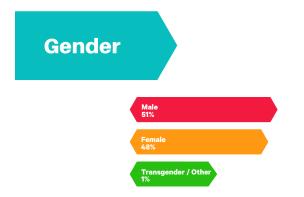


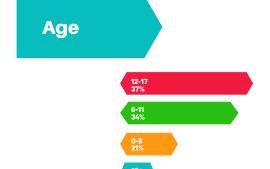
Program Expenses

Prevention & Education	\$	3,946,756	19%
Family Preservation/Social	Services \$	4,243,233	21%
Community Outpatient	\$	12,130,626	60%

Total Per Audit Report \$ 20,320,615 100%

Population Served





STATEMENT of Financial Position FY 2021-2022

Fund Development 2%
Administration 16%

Audited Expenses

Programs

 Fund Development
 \$ 581,707
 2%

 Administration
 \$ 3,941,645
 16%

 Programs
 \$ 20,320,615
 82%

Total Per Audit Report \$ 24,843,967 100%

Ethnicity



OUR Programs 4 Success

School Linked Services

Alex was referred to services due to the recent loss of their parents due to deportation and was left in the care of their older sibling. Alex struggled with the grief and loss of their mother and father and an increase of anxiety and worry for their well-being in their native country. Alex had increased anxiety at school as well, which impacted their grades and their school achievement. Alex participated in individual therapy through School Linked Services. Through Alex's year in services, they were able to identify their triggers, reduce their negative thoughts, and seek support from their sibling. Alex was able to raise their grades and was successfully promoted from the 8th grade to high school.

Differential Response (SSA)

Mandy was referred to the Differential Response (DR)-SSA program due to domestic violence in the home that required an emergency restraining order towards the father of her child. Mandy needed support learning to care for a newborn and how to set healthy boundaries in her relationships to keep her daughter safe. Mandy actively participated in parenting support groups and therapeutic services, and also engaged in other cultural and social workshops. With the support of her DR Case Manager, Mandy learned to model self-respect, set healthy boundaries, and implement interventions to keep her baby safe and thriving. Mandy was able to secure employment and safe and permanent housing as well as an internship at Stanford University to gain experience for her goal of becoming a scientist. Upon graduation from our program, Mandy expressed gratitude to her Case Manager for the support, linkage to community resources, and the donations she received through our agency for her and her daughter.

Differential Response (Behavioral Health)

When Andrew was referred to our Differential Response program, he had experienced severe physical domestic violence, parent abandonment, substance abuse, criminal

activity, removal from his home by Social Services, and homelessness- all before the age of 4. Andrew had severe Post Traumatic Stress

Disorder and was unable to manage his feelings and emotions, causing him to be a danger to his younger siblings. Andrew was also struggling to rebuild an attachment with his mother following their reunification, was failing in school, and had frequent behavioral issues. His mother was also unsure of how to support him and had lost custody of her other children. Andrew began receiving individual therapy and mental health rehabilitation services with our DR team. His mother also received services including parenting classes, court support, support obtaining a 504 plan, and housing assistance. As Andrew's treatment progressed, he was able to process and heal from his trauma and learn to use coping skills to reduce his mental health symptoms. He also stopped having behavioral issues at school and even received several school awards for positive behavior! Today Andrew and his mother are thriving; Andrew takes pride in being a good big brother to his younger siblings and his mother continues to take

parenting classes to be able to support her son to the best of her ability and is working to reunify with her other children as well.



Cal-SOAP

was recommended to the South-County Cal-SOAP program when he was enrolled in San Benito High as a homeless, first-generation, graduating senior in 2022. He was a strong student with dreams to attend college but lacked a road map. He had just landed in a new school and was adjusting to living with an aunt he barely knew in a community in which he lacked stability and friendships. Cal-SOAP team members prioritize finding harder-to-reach students, meeting them where they are, and making sure they are not alone when trying to carve a path forward. They worked with Edgar one on one to submit college applications and his financial aid application. When acceptance letters arrived, he applied for multiple scholarships. For the majority of Edgar's upbringing, he moved from state to state so that he was able to attend school in the U.S. During this time, he rarely saw his parents. It was not his choice to move again in the middle of his senior year, yet with resilience and determination, Edgar achieved his goal of being accepted into his first-choice university. He learned from Cal-SOAP staff how to communicate with university and financial aid professionals while problem-solving along the way. Edgar's dream school was too costly, but he is currently attending Hartnell College with plans to transfer and graduate with a bachelor's degree in 2026. "I honestly wouldn't have made it to college if it weren't for Cal-SOAP. The determination and dedication of this team made it possible for me to further my educational career. I can't thank Cal-SOAP enough for making this all possible for me," he says.

Wraparound

Nia is a foster care youth who was referred to the RCS Wraparound program by her DFCS social worker due to her increasing symptoms of anxiety and depression impairing her ability to function in school, at home, and in social settings due to her verbal outbursts and difficulty communicating her needs. Nia also presented with low mood, feelings of hopelessness, poor self-esteem, negative body image, isolative behaviors, somatic complaints, a history of suicidal ideation, thoughts

of self-harm, acts of self-harm, and multiple suicide attempts resulting in psychiatric hospitalizations. She has an extensive history of trauma including experiencing homelessness and food insecurity, witnessing extreme domestic volence, parental substance use, neglect, and emotional, physical, and sexual abuse. With the support of her Wraparound team, Nia was eventually able to stabilize her mood and behaviors, enjoy leisure and extracurricular activities again, and attend school, where she is doing well academically. Nia has been able to utilize coping skills to keep herself safe, has improved her ability to communicate her thoughts, needs and feelings to trusted adults, has improved her self-confidence, and increased her social support network. Although she will not return to her biological parents' care, she is able to identify and advocate the amount and type of contact she desires with them. Our Wraparound team also worked closely with Nia's foster parents, which allowed Nia to feel safe, supported, and loved in her new home. Nia dreams of being a role model for other youth in the foster care system and wishes to work in a field that will allow her to be

Family Resource Center (FRC)

an advocate for other foster youth.

Our Family Resource Center (FRC) is proud to offer Parent Cafes, a space where parents and caregivers can gather to obtain support and share their stories, experiences, concerns, and insights. A sense of community is built as parents engage in meaningful conversations and learn that they are not alone in the challenges they face managing their families and homes.

When Magdalena began attending Parent Cafes, she was experiencing depression, family conflict, and economic hardship. At first,

Magdalena was reluctant to share, but with the help of the Café community and the support of our staff, she began to open up. At the Cafes, Magdalena learned how to strengthen her family's protective factors, improve her communication with her family, and find resources to treat her depression. Magdalena also received support and access to essential items available at RCS, including food, diapers, and clothing. Magdalena says "Thanks to Parent Cafes, I understand that giving myself more time is so important for my mental health. I have found a community and become a better parent. I love seeing how I am not alone. Cafes have helped me gain the strength to look for help for me and my family."

First 5

Zoe was referred to our First 5 program by his pediatrician due to concerns with speech delay, tantrums, and other developmental delays as well as to support his mother with positive parenting strategies, linkage to the Developmental Behavioral Pediatric Clinic to rule out Autism, and support with economic hardship due to her job loss. Our Home Visitor provided Zoe's mother with education on Zoe's development, supported her in advocating for speech therapy services, and provided linkage to community resources, including food banks, clothing and diapers, rent relief assistance, and programs to support a job search. When Zoe received a Medical Diagnosis of Autism Spectrum Disorder, our team engaged Zoe's mother to learn and implement positive parenting strategies to best respond to and meet Zoe's emotional needs. Zoe has made significant progress with his ability to communicate both verbally and non-verbally and Zoe and his mom have built a secure and loving attachment. Today Zoe can state and repeat over 150 words, and his teacher reports he is building positive relationships with his peers.

Prevention and Education

Martha resides in GUSD with her two children: her 12-year-old daughter who attends South Valley Middle School and her two-year-old son. Martha walked into RCS, located directly across the street from South Valley Middle School, during what she refers to as the most challenging period in her family's life. Martha was going through the process of a painful divorce, feeling lonely and isolated, and struggling with behavioral problems with her children. Her daughter began to complain about going to school in the morning, and her grades began to drop as well. Martha knew her family needed help. At RCS, Martha was warmly received by a Community Worker who immediately connected her to resources at RCS including food, clothing, diapers, and mental health support, and also enrolled Martha in our Building Resilient Families parenting workshops, as well as out Parent Child+ home-based literacy program. The RCS team also reached out to the SLS Coordinator at South Valley Middle School to refer Martha's daughter to the RCS SLS program. Currently, she is participating in an RCS early intervention small group where she is building relationships with peers, demonstrating improved attendance, and learning about the services and supports she can access at school and in the community.



Culinary Academy

Jeremy's love for baking began when he was a child, and he would help his mother in the kitchen. In high school, he applied to Kneaded Culinary Academy and was accepted in the 10-week program, excelling at the top of his class. He showed skill, work ethic, and passion every day, and was offered an apprenticeship at Kneaded Bakery and Catering, even before completing the program. Jeremy set his sights on attending the prestigious Culinary Institute of America-Napa after high school. Jeremy, however, was failing several of his classes and was in danger of not graduating. With support and mentorship from our Culinary team, Jeremy began to put in the hard work needed to graduate, and he raised his grades. Our team also referred him to scholarships and grants to secure the financial aid Jeremy needed to make his dream feasible. In June of 2022, Jeremy graduated from Christopher High School and was accepted to the Culinary Institute of America-Napa. He received over \$40,000 in scholarships; including a \$20,000 Scholarship directly from Rebekah's Children Services. Jeremy says, "I am forever grateful to Chef Carlos and the RCS family for the unrelenting love and support that has gotten me to where I am now and the places I will go in the future."

Therapeutic Behavioral Services (TBS)

Therapeutic Behavioral Services (TBS) is meant to support a client when they are struggling the most and need to stabilize placement. When Luke was referred to TBS, he was at risk of losing his Foster Care placement due to his escalated aggressive behaviors. Luke had previously lost several placements due to his behaviors and had recently been separated from his twin brother. With the support of TBS working closely with Luke's foster mother and support team, we were able to address triggers for his behaviors and teach him to talk out vs. act out. Our TBS team worked with Luke to teach and model accountability, healthy communication, and a trusting relationship. Over time Luke was able to begin to use 'stop and think' strategies to self-regulate his emotions and behaviors, and today Luke is safe and stable in his foster placement. On the day of his graduation session from our TBS services, he asked to garden so he could plant the seeds of the person he wanted to be.

Katle A

Dustin was referred to the Katie A program because he was experiencing weight loss and malnutrition due to his anxiety around eating new foods and eating singularity which was affecting his health, school performance, and interpersonal relationships. Dustin met with an RCS Intensive Home Behavior Support (IBHS) provider each week, his mother met with a Parent Partner regularly, and both participated in monthly Child and Family Team meetings. Dustin was supported in his social-emotional competence as he learned coping skills to reduce his anxiety around eating new foods and increase his personal confidence and communication skills. As the family's treatment progressed, Dustin's mother was able to gain confidence as a parent and individual and develop her own self-care practices. Our team also supported Dustin and his mother prepare for a school trip during which Dustin would be eating new foods and spend the night away from his mother for the first time. "It's been a wonderful experience and I am proud of both Dustin and I for growing and coming together. The new trust and easier communication we have is certainly because of the help and guidance of RCS."

Programa 4 Success STORIES

Outpatient Mental Health

Sloane was referred to our Outpatient Therapy clinic during her parent's contentious custody battle. She was having difficulty managing, expressing, and communicating her emotions as she adjusted to her parent's separation. During treatment, Sloane worked with her therapist to build a toolbox of healthy coping skills. Her mother also participated in case management and collateral services so that she could learn to support Sloane in building her healthy communication skills. Participating in RCS Outpatient services increased Sloane's mother's resiliency, natural supports (extended family members, grandparents, and mother's boyfriend), mother's openness to psychoeducation, willingness to integrate positive parenting skills, and Sloane's readiness to process her feelings. Sloane said, "I'm sad, I wish I can stay longer, but I know my feelings better." Her mother said, "I've learned a lot, Sloane learned a lot, and trust that Sloane has a good association with therapy."

Family Linkage-Foster Care and Adoption



Success

Prevention & Early Intervention (PEI)

Wery was referred to Prevention and Early Intervention (PEI) services due to a traumatic experience that led to her having difficulty with parent attachment, confusion with appropriate sexual development, separation anxiety, and irritability. Avery, in the 3rd grade at the time, was having a difficult time developing and maintaining friendships with peers and was having little academic progress. While in services, she experienced a second traumatic event that increased symptoms including low self-esteem, low mood, frequent and extreme temper tantrums/anger outbursts, and physical/verbal aggression. This traumatic event resulted in the family losing their home and moving into a domestic violence shelter. Avery began individual therapy services with a positive attitude and an open mind. Avery participated in non-directive play while learning and utilizing cognitive behavioral therapy skills to use positive communication and rebuild her attachment with her mother. Avery began noticing personal strengths and utilizing those strengths to develop healthy relationships with peers and succeed academically in school. As a family, they began to thrive. After a year in a domestic violence shelter, the family found a permanent home. To support the client and family the PEI program provided financial support to begin a new journey in their new home.

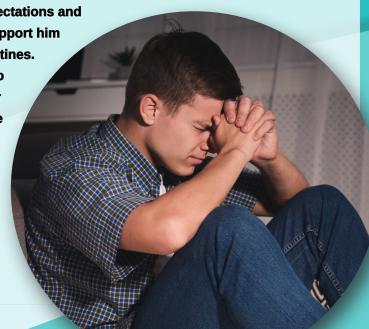
Short-Term Intensive Behavioral Services (STIBS)

Enriques school district referred him to the Short-Term Intensive
Behavioral Services (STIBS) program due to low attendance, poor grades, and
lack of general engagement in his education. Enrique reported he was
traumatized by the COVID-19 pandemic. This anxiety and depression led to
avoidance of school and disengagement from his community. Through the
STIBS program, Enrique received individual and parent counseling services as
well as social work ser-vices. At first, Enrique was resistant to stepping out of
his bedroom and meeting with his support team. He had a difficult time
connecting and opening up. Over time, however, Enrique made tre-mendous
progress and when he graduated from our program, he was able to connect
and socialize with friends and family, both at home and in the community.
Enrique also reached his educational goals by passing CHSPE and made plans
to enroll in a local junior college. With coaching and psy-choeducation from our
clinicians, Enrique's parents were able to recognize and understand the
symptoms of anxiety and depression andlearned

to set appropriate expectations and develop strategies to support him

in establishing daily routines.

They were also able to identify and utilize their own coping skills to cope with distress. "Thank you for your patience, we have come a long way and I can see hope now for my son to go to community college," stated his parents.



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4 Legacy

We would like to honor individuals who think so highly of Rebekah Children's Services that they have included our agency in their will or other estate planning. Please consider becoming a member of our Legacy Society so that we may think you in person now, and keep your memory in perpetuity when you are no longer with us. We honor Legacy Society Members with an annual luncheon and list their names in a beautiful alcove display at the entrance to our main building.

These individuals care so deeply about RCS children that they have included Rebekah Children's Services in their Wills and other estate plans or made significant gifts to the Legacy Fund.

Lester H. Lindley Vallie Bishop Bill and Rose Blaettler Ida Maschmeier Betty D. Morales Clark and Arlene Boatright Laurie Prescotl Diana Carranza Lulu Ramirez Russell Fisher Linda Carranza Rawlinson Carmen D. Frank Clabourn Richard Smith E. Everett Gilmore Helen M. Smith Patricia Golden Arlene L. Hayden Doris Towne Lousie Walsted Kathleen Heinz Gayle Joslin

For more information on joining the Legacy Society, contact Nayeli Ceja-Khaira, Fund Development and Community Relations Manager (408) 846-2140 nanguiano@rcskids.org

Where your gift is needed:

CULINARY ACADEMY

RCS offers this service at no-cost to clients. Funding is needed for chef coats, chef hats, textbooks, and cooking and baking equipment and supplies.

FAMILY LINKAGE FOSTER CARE & NO COST ADOPTION SERVICES

Not only does RCS spend enormous resources recruiting Foster Parents, but we also offer them extensive support. Funds are needed for training, respite care, and stipends for caregivers. Support is also needed to assist with No Cost adoptions and follow up support.

COVID RELIEF FUND

Many families are in need of direct support and services including food, diapers, cleaning supplies, parenting resources, and emergency funds for rent, housing, and medical care.

PREVENTION AND EDUCATION IN GILROY SCHOOLS

Funding is needed to pay for prevention curriculum, job training, fitness, health and nutrition activities, childcare and transportation for field trips and social activities.

FAMILY RESOURCE CENTER

Families access our FRC for early literacy classes, parenting workshops, art and enrichment activities, essential needs, and to be connected with resources. Funding is needed for supplies, curriculum as well as resources including clothing, food, hygiene supplies, school supplies, and much more.

DONORS

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... committed to seeing our community flourish by building pathways to hope, happiness and well-being.



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