

2021

Annual Report

"We are committed to seeing our community flourish by building pathways to hope, happiness, and well-being."

2021 ANNUAL REPORT CEO STATEMENT

We have so very much to be thankful for. This truth continues to be highlighted each day by the selfless acts of grace and giving from our staff and volunteers. Unprecedented emotional, financial, and social stressors due to the pandemic continue to cascade upon all of us, more so onto those who are most vulnerable. Housing, food, clothing, and health-care disparities have created unparalleled need for many who find themselves in desperate need. Rebekah Children's Services (RCS) has demonstrated itself to be an anchor of "hope, happiness, and well-being" for the entire Santa Clara County region by ensuring that no one individual need goes unmet.

Through a variety and array of unique mental health and educational programming, we continue to support over fourteen thousand children, youth, and families annually. We do so not because we are mandated; rather, it is imbedded into who we are as individuals who seek to make the lives of those we serve, simply better. From expertly delivered mental health and educational services daily, to distributing food to over two hundred families monthly, to distributing toys for over one thousand five hundred families annually, we stand with our community and are proud to say, "We are RCS!". This statement is a bold declaration that we are of the community and are unwavering in our desire to witness its strength and resiliency.

On behalf of our Board of Directors and Executive Team, we are honored to be of service to you and are truly thankful for entrusting Rebekah Children's Services (RCS) in the care of your children and youth. We enthusiastically embrace the future and are optimistic that this next fiscal year will continue to bring you health, renewal, and togetherness.



Christophe E. Rebboah, LMFT

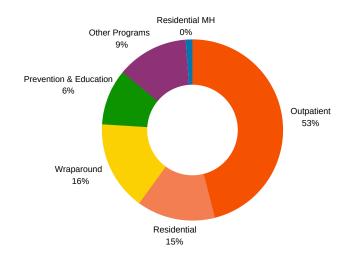
Chief Executive Officer Rebekah Children's Services

Other Income 8% Social Services 14% Other Government Contracts 5% Contributions/Support 3% Santa Clara County Mental Health 70%

Audited Revenue

Santa Clara County Mental Health	\$ 16,384,595	70%
Department of Social Services	\$ 3,358,351	14%
Other Government Contracts	\$ 1,838,699	8%
Other Income	\$ 1,071,920	5%
Contributions/Support	\$ 607,814	3%

Total Per Audit Report \$ 23,261,379 100%



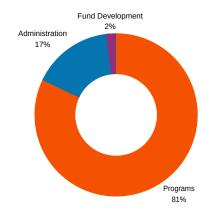
Program Expenses

Wraparound	\$ 4,146,272	16%
Residential	\$ 3,898,487	15%
Outpatient	\$ 13,443,298	53%
Residential MH	\$ 93,980	0%
Prevention & Education	\$ 1,491,786	6%
Other Programs	\$ 2,421,066	9%

Total Per Audit Report \$ 25,494,889 100%

STATEMENT

of Financial Position FY 2020-2021

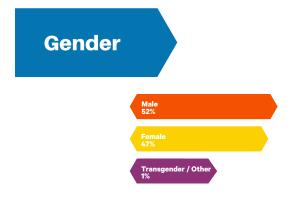


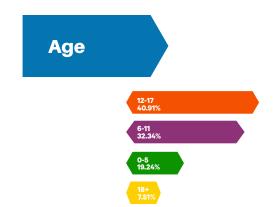
Audited Expenses

Fund Development	\$ 436,236	2%
Administration	\$ 3,661,491	15%
Programs	\$ 20,000,327	83%

Total Per Audit Report \$ 24,098,060 100%

Population Served







OUR Pragrama

Rebekah Children's Services offers short term intensive Therapeutic Behavioral Services (TBS) including TBS-ID for clients with intellectual delays as an adjunctive program designed to support clients with behavioral health needs. TBS impacts the lives of children and their families by providing flexible support in the clients' home or community setting. TBS Coaches work directly with each client as well as the clients' caregivers, teacher, therapists and

other adults in their lives to provide behavioral interactions that are strength based, individualized and culturally sensitive.

School-Based Wraparound

School-based Wraparound is a strength based individualized mental and behavioral health program that supports students outside of their school setting. Therapists and Behavior Coaches work with each student and their families in a variety of settings including their home and/or community. Our work is designed to address a variety of barriers that may interfere with each student's ability to access, engage, and benefit from his or her education. Our staff collaborates with school personnel to "wraparound" the client and family, providing emotional and behavioral supports before, during, and after school hours to address each student's needs using strategies and skills from evidenced based practices.

Parent Education

Over the course of this fiscal year, we have had the opportunity to provide evidence-based parenting classes to court mandated parents through DFCS. Through these classes, our amazing Group Facilitators have engaged and inspired parents to want to be better parents to their children, by eliminating some of the barriers to learning and meeting the individual learning needs of each parent. We have modeled love without condition, built trust, and provided a safe environment to parents, while they learn helpful and supportive strategies in some of the most chaotic times in their lives. As a result, we have witnessed hope, healing, and reunification in families, as they apply these strategies with their children and families and build a stronger foundation for the future.

Short Term Residential Treatment

Our Residential Treatment Services are the foundation of Rebekah Children's Services. The original building on the Gilroy main campus was built in 1892 as an orphanage. Through the past 125 years, Rebekah Children's Services has continued our dedication to youth in need and today provides 24-7 trauma informed care for boys ages 12-17 and non-minor dependents in need of intensive mental health services in a residential setting. The services offered in this program are individually tailored to meet the unique cultural and personal needs of those in our care. The strength-based philosophy and approach is led by the youth and families, who create the plan of care to guide the treatment team in transitioning the youth back into their family and community.

Success

Outpatient

spending his first four years of life in very traumatic and unsafe living conditions. Although his mother felt overwhelmed by his behaviors, she was determined to help him heal. In therapy, Jaime learned coping skills to help regulate his emotions and practice self-love and kindness. Jaime's mother also collaborated with his therapist to seek out other resources, including parenting classes and medical evaluations. Today, Jaime and his family are in a healthier and happier place. Jaime likes to show off his breathing techniques, as well as some of the self-compassionate phrases he's learned in his healing journey, such as "it's okay to make mistakes" and "I am a good boy."

Cal-SOAP

services upon entering the 10th grade at Gilroy High School. With support from the Cal-SOAP team, Daniel proudly graduated from high school in June 2021, received a Cal-SOAP scholarship award, and was accepted to the nursing program at San Diego State University. While Daniel was excited to start college, he quickly became homesick and considered dropping out. During this challenging time, one of our Cal-SOAP team members reached out to Daniel and connected him to an advisor at SDSU.

Through conversations with this advisor, Daniel was reminded of his dream of becoming the first person in his family to graduate from college, and he chose to stay. Today Daniel is working toward his dream of becoming a nurse and has applied for a position with RCS/Cal-SOAP to mentor other students who experience similar challenges during the transition from high school to college.

Wraparound

For over twenty years, RCS' Wraparound program has continuously provided outcomes driven, high-quality, high-fidelity Wraparound to the children, youth, and families of Santa Clara County. The Wraparound program provides a high level of service and support using a trauma informed approach with clients and their families who have complex needs and are referred by our County partners from the Department of Family and Children's Services, Juvenile Probation Department and Behavioral Health. In addition to our individualized and strengths-based approach to services, we honor and prioritize the voices of the families we serve. Each youth and family work

with a Facilitator whose tasks include helping each child and family build a support team that includes natural and informal supports as well as professionals, facilitate Child and Family Team meetings, and assist each youth and family in connecting with the right community-based resources that can help meet their needs. We also host several community-based events throughout the year designed to assist youth and families in building healthy connections with one another as well as with the community at large.

Family Linkage

The RCS Foster Care and Adoption program, Family Linkage, has continuously blossomed and developed new pathways to support our local foster children through our updated recruitment and retention plans as well as our new Therapeutic Foster Care program. The Family Linkage team recruits, trains, and supports an amazing group of dedicated foster/resource families who provide safe, loving, and caring homes to vulnerable children who would otherwise be lost in the social service system. The Family Linkage team's dedication to supporting lifetime connections between foster youth and their resource families consistently leads to meaningful and impactful relationships that will last forever.

First 5

RCS continues to partner with FIRST 5 Santa Clara County to provide behavioral health services. Our program provides developmental screenings and behavioral health assessment, home visitation and therapeutic services to children ages 0-5 and their families.

Hospital Diversion

This program, which opened in 2012, serves male and female children ages 6-17 who require acute psychiatric care. It is a voluntary treatment setting which provides care for children as a stepdown transition from hospitalization in addition to preventing them from being hospitalized. Hospital Diversion provides 24-7 nursing and psychiatric care with high staffing rations. Permanency, aftercare, and discharge planning begins upon admission and provides families with voice and choice in the creation of their plan of care.

Katie A. Santa Clara County

Since its implementation in 2014, Santa Clara County expanded Katie A. to provide therapeutic services to children and youth from birth to the age of 21. Eligibility for services also changed from requiring an open case through social services to simply meeting medical necessity and having full scope Medi-Cal. This makes Katie A. services accessible to the most vulnerable and at-risk youth in Santa Clara County.

Culinary Academy

The Kneaded Culinary Academy is a no-cost vocational arts training program for historically disenfranchised youth and young adults. The program creates a therapeutic and supportive learning environment in which youth acquire culinary skills, develop substance deterring protective factors, develop financial literacy skills and receive job placement training and support. Students learn hands-on culinary skills in a commercial kitchen under the supervision of a credentialed, professional chef. These skills assist our youth in developing protective factors that will help them transition to adulthood and sustain themselves as independent, healthy and self-sufficient adults.

Kneaded

Kneaded Catering and Bakery is an extension of the Culinary Academy. Kneaded provides a sheltered learning experience to graduates of the Culinary Academy. As an Apprentice at Kneaded, students have the opportunity to apply hands-on skills in bakery, food production, catering and customer service. They also acquire the knowledge, skills and behavior patterns that employers expect and that will create pathways for career opportunities and life-long employment. Kneaded program staff provides job placement support for each student, and upon completion of their Apprenticeship, each student has secured full-time employment or is enrolled in higher education.



SIS

leremy was referred to our School Linked Services (SLS) program due to depression, irritability, crying, reduced appetite, low energy, difficulty concentrating, inability to communicate with his family and peers, isolation from others, and signs of psychosis. Jeremy's symptoms arose after his mother and grandfather contracted Covid-19 and had to be hospitalized. Trying to make sense of this, Jeremy watched YouTube videos with misinformation and was led to believe that Covid-19 is contracted by food contamination. Jeremy stopped eating food that did not come directly from a wrapper or packaging, and then later stopped eating and drinking altogether. With the support of our SLS Team, Jeremy was hospitalized to address his severe malnourishment and psychosis. In a collaborative effort with other community agencies and RCS programs, our SLS Team coordinated multiple layers of services and support for Jeremy and his mother upon his release from the hospital. While his recovery continues, Jeremy is now able to eat and drink, is steadily gaining weight, and is communicating more with his mother. She has expressed gratitude to our SLS team for supporting her son on his journey to recovery and helping him become healthier and happier.

Success

FRC

MONICA, her husband Jorge, and their two young boys, ages 2 and 6 years old, came to our Family Resource Center (FRC) for help after walking for 2 months and crossing 3 countries' borders to reach the United States. Facing threats of extortion and violence from gangs, Monica and Jorge were forced to leave their home and embark with their children on this dangerous journey. Upon arriving in the US, they found themselves homeless, and walked through the doors of our FRC, seeking help. Our FRC Team worked tirelessly to meet the essential needs of this family, connecting them with resources including clothes, diapers, food, and a stroller. Our Team also spent hours on the phone, collaborating with other agencies to seek and secure safe housing for this family. Today, Monica, Jorge, and their children are safe and thriving and continue to participate in many of our FRC's programs including parenting workshops and support groups, arts and enrichment classes, and early literacy programming.

Prevention and Early Intervention [PE]

Samantha was referred to services due to a traumatic experience that led her to experience difficulty with parent attachment, confusion with appropriate sexual development, separation anxiety, and irritability, low self-esteem, frequent and extreme temper tantrums/anger outbursts, and physical/verbal aggression. This traumatic event also resulted in Samantha's family losing their home and moving into a domestic violence shelter. Samantha began individual therapy services with a positive attitude and an open mind. Her favorite activity in therapy was arts and crafts because she enjoyed using art to express difficult feelings and a sense of self. Samantha began to make progress by increasing positive communication with her mother, which increased positive attachment and decreased aggression. Samantha also began noticing personal strengths and utilizing those strengths during therapy and at school to develop healthy relationships with peers. Samantha began to succeed in school academically. RCS was also able to provide financial support to help the family secure a permanent home. It has been an honor to support Samantha and her family on this journey toward safety, growth, healing, and a healthy expression of self.

Success

Differential Response

When our RCS Case Manager first assessed *Carmon* for our Differential Response program, she suspected Carmen was struggling with the effects of drug abuse. Our Case Manager empathetically encouraged Carmen to be honest about her substance addictions so that she could receive the help she truly needed. As their rapport and trust were built, Carmen found the courage to disclose to our Case Manager that she was indeed struggling with substance abuse and asked for help.

Our team supported Carmen by providing encouragement, praise, unconditional positive regard, and linkages to resources. Carmen rose to the occasion. She became sober, regained custody of her children, and joined a church where she enrolled in a women's bible study group. Carmen also realized her children needed help and sought out therapy for each of them. With our team's support, she also secured employment and permanent housing, purchased her first vehicle, and enrolled in college to pursue a degree in theology.

Carmen states she is grateful to our team for the honest feedback, support, and relentless and unconditional encouragement she needed to reach her full potential as a woman and a mother.

Prevention and Education

Over the course of one of the small ten-week small groups provided at a Gilroy middle school, Taylor felt safe enough to disclose, for the first time, that their pronouns were "she and her." Our RCS Group Facilitators maintained a welcoming and gender-affirming space in the group, receiving and responding to this client's disclosure with respect and care. The client's peers in the group also received her disclosure respectfully, giving the client an opportunity to build connection and gain confidence in a school setting. Our RCS staff also supported the client by linking and referring her to several other services, including the RCS CulinaryAcademy PRIDE Kitchen, as well as a LGBTQIA Youth Support Group facilitated by the South County Safe Space and held

on-site at RCS. This client's school counselor remarked that this student benefitted tremendously from the RCS small group, and that the support and community she experienced in group gave her the courage to speak up and express her truth.



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4 Legacy

We would like to honor individuals who think so highly of Rebekah Children's Services that they have included our agency in their will or other estate planning. Please consider becoming a member of our Legacy Society so that we may think you in person now, and keep your memory in perpetuity when you are no longer with us. We honor Legacy Society Members with an annual luncheon and list their names in a beautiful alcove display at the entrance to our main building.

These individuals care so deeply about RCS children that they have included Rebekah Children's Services in their Wills and other estate plans or made significant gifts to the Legacy Fund.

Lester H. Lindley Vallie Bishop Bill and Rose Blaettler Ida Maschmeier Betty D. Morales Clark and Arlene Boatright Laurie Prescotl Diana Carranza Russell Fisher Lulu Ramirez Linda Carranza Rawlinson Carmen D. Frank Clabourn Richard Smith E. Everett Gilmore Helen M. Smith Patricia Golden Arlene L. Hayden Doris Towne Lousie Walsted Kathleen Heinz

For more information on joining the Legacy Society, contact Nayeli Ceja Anguiano, Fund Development and Community Relations Manager (408) 846-2140 manguiano(@roskids.org

Gayle Joslin

Where your gift is needed:

CULINARY ACADEMY

RCS offers this service at no-cost to clients. Funding is needed for chef coats, chef hats, textbooks, and cooking and baking equipment and supplies.

FAMILY LINKAGE FOSTER CARE & NO COST ADOPTION SERVICES

Not only does RCS spend enormous resources recruiting Foster Parents, but we also offer them extensive support. Funds are needed for training, respite care, and stipends for caregivers. Support is also needed to assist with No Cost adoptions and follow up support.

COVID RELIEF FUND

Many families are in need of direct support and services including food, diapers, cleaning supplies, parenting resources, and emergency funds for rent, housing, and medical care.

PREVENTION AND EDUCATION IN GILROY SCHOOLS

Funding is needed to pay for prevention curriculum, job training, fitness, health and nutrition activities, childcare and transportation for field trips and social activities.

FAMILY RESOURCE CENTER

Families access our FRC for early literacy classes, parenting workshops, art and enrichment activities, essential needs, and to be connected with resources. Funding is needed for supplies, curriculum as well as resources including clothing, food, hygiene supplies, school supplies, and much more.

DONORS

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California Odd Fellows Foundation Gayle Joslin

Ventura County Community Foundation

VISION BENEFACTORS-(\$25,000.00+)

Toni Julian & John Apgar

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